## SILVER BIRCH, EXETER

A Sound Walkfor Cygnet Theatre's 40th Birthday Emma Welton (49) with Elly Lee (22) and Rosalind Williams (65) A spring Sunday, 2022

9 Traffic, ever droning from the wings, takes the stage - dominated by bikers accelerating cataclysmically from green lights.

We stood with the silver birches. listened deeply to traffic and tried to hear the trees. We sensed that the balance between them will switch in our lifetimes.

gobble & cooo.

Up on the bridge, face downriver. scene float into you.

5 Dogs skitter up steps. Pairs of gulls clamour from rooftops. Chatter bubbles from outdoor cafes - the hubbub of humans, unthreatened. Bicycle wheels spin. A bus stops and sighs. The weathered stone buildings imprint their texture on the echo. (3) Dead beech leaves' wintry rustle is muted by new green growth. All kinds of aircraft roar overhead, making conversation difficult. We drew close together and watched each others' mouths to hear each other speak.

6 While waiting for

moorhen's scratchy,

piercing call, thank

drivers whose tyres

clatter cobbles

pianissimo.

1 The spring leaves of a silver birch flutter gently, 'ssssss'. Stroke the peeling bark tenderly. Learn these sounds. The sonic smoke of the ring road pervades, but wren holds the stage, declaiming its territory with rolled rrrrrrrs.

SALVATION

2 Sounds spill between neighbourhood and theatre: tender onstage scenes may be accompanied by jolly marching music from Temple trumpeters. Locals hear Cygnet's annual Stage Combat Training Week begin in silent focus, introduce footwork & tinging swords and climax with bloodcurdling howls and dramatic dying sounds.

4 Hidden traffic above, people below. Garden birds persist. Kings Wharf's backstage (carpark) hosts many electrical chords. Hum in harmony with them (or in discord if you prefer.)

Tisten closely to the throng. Beneath the bridge, children and ducks laugh, pigeons and parents

Close your eyes and let the whole

8 Picnickers may be heard in groups spread across the riverbank, some with recorded music that declares their taste and their territory.

Walk distance: about 600 metres